



The Ultimate One-on-One

An authentic quick-growth opportunity

What is it and where?

A unique personal development workshop--confidential and exclusive coaching eight hours a day, at least three consecutive days with gifted life strategist, Bob Kamm. Includes ninety days of phone & electronic follow-up to make sure you stay on track. Sessions are held on the secluded dunes, cliffs and beaches of California's Central Coast.

Who should attend?

The Ultimate One-on-One is for any adult with the courage and humility to seek guidance in expanding his or her life mastery in all its many forms. If you are navigating your days effectively but want more clarity, creativity and joy, this is for you. If you're feeling limited in your professional capacities--more a manager than a leader, this is for you. If you're feeling uncertain in the face of specific issues--business challenges, succession issues or career moves, love relationships or parenting conundrums, this is for you. If you are struggling to find purpose and balance--personal, professional or both--this is for you. If you are feeling muddled, overwhelmed, blocked, stuck, disconnected or shut down, this is for you.

What's the basic rationale?

Those folks truly devoted to their own growth often find standard seminars too brief and attended by too many to provide the attention they need and deserve. Our clients told us they were frustrated with the limited "take-away's" of such classes. They also told us conventional coaching and counseling relationships with their short sessions (the almighty 50-minute hour!) seem to drag on far too long with meager results. And they weren't done there! They said most counselors, coaches and motivators take too narrow an approach--either business or personal, physical-nutritional or mental-emotional. We opted for an exclusive total immersion approach, one that honors the full beauty and complexity of the individual by treating business and personal life, body, mind, heart and spirit all as interconnected and necessary to optimal living in any one area. Finally, we opted for a concentrated investment of time that could legitimately create a year's worth of sustainable learning in less than a week.

What's covered?

Each Ultimate One-on-One is custom designed to the individual based on extensive pre-work and interviews. Some clients have required we focus primarily on career issues or organizational leadership. In fact, we've taken a number of young managers and given them intensive lessons in the full spectrum of the most advanced business concepts and practices. We've also taken seasoned professionals and helped them bring more of their true creative force into their work. For some clients, we've largely devoted the time to love relationships or parenting. For others, we got busy clearing out creative blockages and helped them get reconnected to what their lives are really meant to be about. Our commitment is to stay close to the client's need and go wherever guidance is called for. With this approach, we've been able to successfully nurture people from backgrounds as diverse as the corporate world, the arts, Olympic competition, medicine, insurance and retail entrepreneurship.

References

Kathy Foltner, President, HearPO Corporation, Chicago, IL	(312) 475-1781
Yogi Johnson, Personal Fitness Trainer, Laguna Beach, California	(949) 499-7859
Sheilagh Croxon, Olympic Coach, Toronto, Canada	(416) 626-7877
Cat Garceau, Olympic Swimmer, Las Vegas, Nevada	(602) 741-8156
Steve Smythe, President, Mercedes-Benz of Beverly Hills, LA, CA.	(310) 659-2980
Jim Brunelli, dealer, Central Chevrolet, Fremont, CA	(510) 505-2001
Mike Meyer, Regional Manager, Ford Motor Credit, Kansas City, MO	(913) 685-5201

**For more information, or to book The Ultimate One-on-One,
send an e-mail to: bobkammtown@aol.com or call (805) 235-1718**